#### in this issue >>>

- Pearson Place
- Community News - A Word from
- Iennifer
- Stepping into Nursing
- Baking with the Residents
- School visitors
- Wellness Tip
- Hiring Opportunities

# PEARSON PLACE A Vibrant Community

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10409 - 99 ST Hythe, AB T0H 2C0

#### July 2022 1st – Happy Canada Day

What do you call a moose that plays the piano? A moose-ician

# Pearson Place Community News

Welcome to Hythe, a quaint hamlet in northwestern Alberta, situated in between Grande Prairie and Dawson Creek and just a short drive to the foothills of the Rocky Mountains. Founded in 1928 we are a proud community of multi-generational families and newcomers alike. With a JK – 9 public school, quiet streets and affordable housing it is the ideal place to raise a family. Hythe and surrounding communities offer minor hockey, baseball and soccer clubs, there is an indoor swimming pool/recreation center (a short 10-minute drive to Beaverlodge), 4H club, moto cross, speedway racetrack, 9-hole golf course and more. Whether you're into camping, hiking, fishing, hunting or ATVing, there is something for every outdoor enthusiast.

Hythe is a senior oriented community with four centers for care ranging from independent to long term care. If you are in senior care, or have been thinking of joining the care field, Hythe may be the community for you. Email: <u>gm@pearsonplace.ca</u>



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### **Pearson Place**

While our steadfast leader takes a well-deserved summer holiday we will have Amanda Nystrom the GM from Points West Living in Cold Lake and John Skinner, GM from Boardwalk Retirement Community Calgary, here to help out.

Please help us make them feel welcome in our wonderful community.

## A Word From Jennifer...

SUMMERTIME! Bring on the warm weather, flowers, birds and thundershowers! I truly hope that everyone can get out and enjoy this July! If you are visiting your loved ones at Pearson Place, please feel free to make use of our beautiful Courtyard. It is a wonderful spot to visit while looking at the flowers and the birds. July 11th marks 3 MONTHS since we opened our doors to our very first resident!!! We are happy to announce that as of July 1st we have welcomed 27 residents and are looking forward to having more residents move in. We would like to thank the Hythe Regional School Grade 2 & Grade 4 classes for their visits and artwork that they gave to our residents. They absolutely loved getting to meet you.

Questions? Please email gm.pearsonplace@connectingcare.ca

# Stepping into Nursing

Our Care Aide program is growing, we now have 5 motivated individuals working their way to being certified Health Care Aides through partnership with Northern Lakes College and Pearson Place. These employee care partners will work full time while completing their schooling toward the certification. One of our Care Aides, Deanne Miller, had once dreamed of being a nurse has recently rediscovered her love of providing care and has taken the opportunity to register to nursing school in the fall, we extend to her our best wishes and know she will be successful in all her future endevors.

# Baking With Our Residents



## Seniors Week Visitors





Such a wonderful treat for our residents over Seniors Week to have the schoolteachers bring over their classes. We colored, listened to music and had a great time getting to know one another. Thanks for coming!



#### Welcome To Our Newest Residents:

Henry Glasgo Ruth Holland Trudy Sandboe Bruna Rota



# Wellness tip, did you know?

Significantly reducing or cutting out sugar is a smart move for everyone, regardless of age or health status. While sugar may give an initial rush and burst of energy, what follows is a major drop in glucose, leaving you tired, lethargic and a little hangry. Replacing those added sugar calories with complext carbs, as well as foods with natural sugars and fiber like fruit, provides a longer, steadier supply of energy. -EatingWell August 17 2021

Check out our Youtube video: Pearson Place - The job that smiles back at you. - YouTube

"The Job that smiles back at you", at Pearson Place in Hythe. If you are thinking of relocating, are tired of living in the "Big City" you want a fresh start; consider Hythe, Alberta. We offer safe, affordable country living but not too far from a major center for shopping and entertainment.



If you are the best Recreation Therapist in the Universe, we are looking for You!!! The work of recreation therapists differ from other health care professionals as evidence based leisure activities and the client's enjoyable and rewarding interests are used as intervention to meet the client's psychological and physical health, recovery and well-being. You will want to serve our Elders at Pearson Place; you will innovate and collaborate with the team to create the Sensory and Relaxation Program at Pearson Place as well as learning from our Elders. The RT will work with clients to enhance motor, social and cognitive functioning, build confidence, develop coping skills, and integrate skills learned in treatment settings into community settings. These processes support the goal of assisting the individual to maximize their optimal levels of independence, productivity, optimal health, well-being and the highest quality of life.

# We're hiring!

We are creating the best place to work and live. Join us in making this a reality!

What are the opportunities?

- Recreation Therapist: Coordinates recreation programs and provides recreation therapy services.
- Licensed Practical Nurses: Assesses care needs and provides care and treatment.
- Health Care Aides: Provides hospitality, personal care and daily living services ensuring resident needs are met according to their preferences.
- Care Aides: Supports residents and the care team by providing services including personal care, activities of daily living, laundry, housekeeping, and recreational and leisure activites where applicable.
- Cooks/Pre-cooks: Should be able to prepare food with care, serve with pleasure, and appeal to all of the senses.
- Hospitality Aides: Plays a privotal role in making the dining, social, housedeeping, laundry and recreational experiences within our Community filled with meaning memory, and relationships.
- Recreation Aide: Assit & support the residents with events and social gatherings.

We pride ourselves on providing growth opportunities for caring people who would like an opportunity to become a Health Care Aide. To find out more about this great "first step into Nursing", please contact

#### jobs@connectingcare.ca