

fresh focus

GLUTEN
FREE

NON
GMO

VEGAN



Frame Essentials: At a Glance

- ✓ **Glucosamine Hydrochloride** and **Glucosamine Sulfate** help to maintain healthy cartilage and relieve joint pain.
- ✓ **Boswellia Extract** contains boswellic acids that reduce pain and inflammation.
- ✓ **Methylsulfonylmethane (MSM)** helps to reduce pain and stiffness in the joints.

As we age, many of us struggle with joint pain and stiffness that causes us to miss out on physical activities we would otherwise enjoy. The **four ingredients in Frame Essentials** are combined to deliver effective nutrients proven to support joint health.



Au Naturel

Both glucosamine and MSM are compounds that occur naturally in the body. Glucosamine is an amino sugar needed for the biosynthesis of proteoglycan, a main component of cartilage. MSM is a natural sulfur compound required for connective tissue and healthy joints.

The Joint “Frankincense” Connection

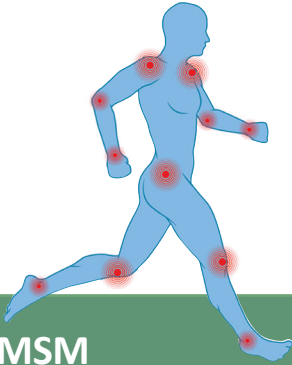
The boswellia tree exudes an aromatic gum resin historically known as frankincense, possibly named after the French words for high-quality incense: *franc encens*. Frame Essentials with boswellia extract provides Indian frankincense, a potent ingredient that has been used to fight inflammatory conditions for centuries.



Frame Essentials

Vegan-sourced ingredients including glucosamine derived from bacterial fermentation:

- Glucosamine Sulfate
- Glucosamine Hydrochloride
- Boswellia Extract
- MSM (Methylsulfonylmethane)



MSM

(Methylsulfonylmethane) can help fight inflammation and maintain healthy joints and tissue.

Glucosamine Sulfate and Hydrochloride fight the wear and tear of aging. These two glucosamines are important in the formation of cartilage, tendons, ligaments and synovial fluid.

6 Nutrients for Knee Pain

- 1 Glucosamine
- 2 MSM
- 3 Antioxidants
- 4 Vitamin D
- 5 Vitamin C
- 6 Vitamin B3



8 Reasons to take Frame Essentials

- 1 Keeps joints strong and healthy
- 2 May reduce joint pain and muscle aches
- 3 Effective against age-related joint pain
- 4 Fights inflammation
- 5 Maintains musculoskeletal health
- 6 May provide relief from age-related muscle aches and pains
- 7 Fights inflammation caused by exercise
- 8 Suitable for long-term use

Boswellia Extract improves blood supply to the joints, reduces joint swelling, maintains mobility and reduces pain from stiffness.