

# Herbal Fiberblend Canadian blend

NPN 80114397

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Each 7 gram serving (1 tablespoon) or in 10 capsules provides 5 grams of fibre

Herbal Fiberblend is a natural health product that provides gentle relief of constipation and/or irregularity and helps to lower LDL cholesterol levels when used in conjunction with dietary modifications.

## Ingredient

Herbal Fiberblend's ingredients work together to enable your body to help itself. The main source of fibre, psyllium, has approximately 75 to 80 percent dietary fibre, 60 to 70 percent of which is soluble fibre. The herbs in Herbal Fiberblend bring you powerful detoxification effects and some of their functions are:

**Alfalfa** – helps relieve constipation

**Marshmallow root, Slippery Elm bark, Witch Hazel leaves** – lubricate and protect the mucous lining of the digestive tract

**Butternut Squash seed** – antioxidant properties

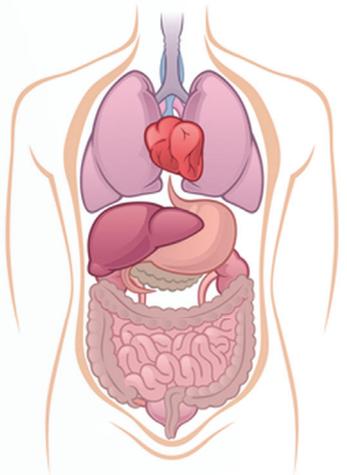
**Horsetail** – cleanses and purifies the system

**Passionflower, Mullein leaves** – calm the nervous system; soothe stomach cramps

**Irish Moss, Cayenne Pepper** – help increase the bulk of stools; aid digestion

**Dog Rose (Rose Hips)** – has a calming effect to reduce stress by replenishing vitamin C levels that often get depleted in stressful times

**Violet** – helps expel parasites due to the presence of cyclotide proteins.



**All of AIM Canada's Natural Health Products Have NPNs**

A Natural Product Number (NPN) indicates Health Canada has reviewed the product for its safety, efficacy, and quality; has authorized the health claim; and has allowed the product to be legally sold in Canada.