

# Herbal Release

## Canadian blend

A blend of 10 herbs that promotes bowel movements, helps to cleanse the intestinal tract and support the immune system.

NPN 80031729



### **Ingredient Properties (mg per capsule)**

**Cascara Sagrada Bark** (75 mg)

*Tonic • Laxative*

**Barberry Bark** (37.5 mg)

*Anti-inflammatory • Laxative*

**Boldo Leaf** (37.5 mg)

*Anti-inflammatory • Laxative*

**Buckthorn Bark** (37.5 mg)

*Laxative*

**Burdock Root** (37.5 mg)

*Diuretic • Detoxicant*

**Chickweed Aerial Parts** (37.5 mg) *Anti-inflammatory • Digestive*

**Dandelion Root** (37.5 mg)

*Anti-inflammatory • Antispasmodic • Laxative*

**Echinacea Root** (37.5 mg)

*Anti-inflammatory*

**Parsley Leaf** (37.5 mg)

*Antioxidant • Urinary Tonic*

**Sarsaparilla Root** (37.5 mg)

*Anti-inflammatory • Tonic*



### **All of AIM Canada's Natural Health Products Have NPNs**

A Natural Product Number (NPN) indicates Health Canada has reviewed the product for its safety, efficacy, and quality; has authorized the health claim; and has allowed the product to be legally sold in Canada.

Open **2 capsules of Herbal Release** and add the contents to **Herbal Fiberblend** or **Fit 'n Fiber** for even **more effectiveness**, particularly from the **natural laxative, cascara sagrada**.

Used medicinally for over 2,500 years, **barberry bark** contains berberine, an alkaloid.

