



The LIME curriculum: Physical Education

How Physical Education develops the key themes of the LIME curriculum.

Language rich

Within P.E at Limehurst we provide pupils with the opportunity to hear language related to physical activity. Teachers model, demonstrate and explain different terminologies that are used in P.E. Pupils are introduced to new P.E vocabulary in each unit, and these are revisited and recalled in later years.

Inclusive

The Get Set 4 PE curriculum has been designed to be accessible to all pupils. Plans have been designed so that teachers can make necessary adaptations to lessons to ensure all pupils are able to join in and participate.

Motivational

PE offers plenty of opportunities to get the children active and involved in physical activity. The scheme offers a variety of sports for the teachers to choose from and map out in the curriculum. The lessons are active and engaging for all the children.

Engaging

Pupils engage in a wide variety of sports throughout the year over a two-year cycle. Alongside this, pupils are encouraged to attend the sports afterschool clubs delivered by the teachers. All lessons are planned to be active, engaging with clear progression throughout each lesson.

How Physical Education ensures our pupils achieve the key outcomes of the LIME curriculum.

Leaders

The PE scheme offers an ample of opportunities for children to develop leader roles. Pupils learn what makes a good leader and are encouraged to lead their own learning and where appropriate lead others.

Independent

Within our PE curriculum pupils learn to develop their skills independently. The scheme has a clear progression of skills for children to master throughout their time at Limehurst.

Motivated for future learning

Our engaging and motivating curriculum leaves pupils with a desire to learn more about different sports. Teachers provide afterschool clubs that will progress their skills further in sport. Strong links with local sports clubs opens new pathways for pupils to apply and develop their skills further too.

Empathetic

Pupils are encouraged to empathise with other pupils and support them within lessons. Pupils are expected to support their teammates during games developing their skills as a team player. Peer to peer encouragement is promoted during PE lessons.