



## The LIME curriculum: PSHE

How PSHE develops the key themes of the LIME curriculum.

**L**anguage rich

Our pupils are immersed within a wide range of vocabulary related to personal development, relationships, well-being, and societal issues. It incorporates diverse and age-appropriate language to help our pupils articulate their thoughts and feelings, often using discussion prompts, scenario-based learning, and empathetic language.

**I**nclusive

Our personalised curriculum covers diverse topics relating to personal development to ensure that pupils have access to materials that address various experiences and perspectives. Whilst acknowledging and respecting the diverse cultural backgrounds of our pupils, it promotes inclusive language to create a safe and welcoming learning environment for all.

**M**otivational

Through incorporating positive and uplifting messages, celebrating achievements, encouraging positive habits, and developing a sense of ownership and empowerment, our PSHE curriculum aims to inspire and motivate pupils to take positive actions in their personal and social development. Encouraging a growth mindset is fundamental at Limehurst. Through reflection, goal setting and making plans for their personal growth, we encourage our pupils by believing that abilities and intelligence can be developed through effort and resilience.

**E**ngaging

Pupils often engage in interactive activities which require their participation collaboratively. They have opportunities to use role-play to discuss scenarios and involve technology to help capture and maintain pupils' interests. Storytelling, real-life scenarios and educational games and quizzes are used to explore and reinforce key concepts in a fun and engaging way.

How PSHE ensures our pupils achieve the key outcomes of the LIME curriculum.

**L**eaders

Our pupils explore leadership qualities within various contexts such as school, community and historical figures using discussion, group projects and appropriate books and biographies about leaders and their accomplishments. Through role-playing activities, they can take on different leadership roles in scenarios relevant to their age group, helping them to understand the responsibilities and decision-making processes of leaders.

**I**ndependent

Our curriculum promotes self-reflection, encourages decision-making and provides opportunities for pupils to make choices particularly when learning about relationships and safety. Pupils are faced with challenges and are encouraged to use their initiative to generate solutions in order to foster problem-solving skills.

**M**otivated for future learning

PSHE within Limehurst aims to encourage a growth mindset through fostering a belief that abilities and intelligence can be developed through effort, practice, and dedication. It provides opportunities for our pupils to set achievable, realistic goals and celebrate achievements to boost their confidence and motivation in a safe and supportive learning environment.



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### E mpathetic

Cultivating empathy and compassion is an ongoing process at Limehurst whereby we aim to help our pupils understand and connect with others, leading to better social interactions and more inclusive learning. This is developed through modelling empathetic behaviour, using stories to discuss feelings and perceptions and by providing strategies to resolving conflicts.